

# Citywide Breakfast

## NOVEMBER 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Wheat Waffle served with syrup Home-style Grits Assorted Milk	2 TRAYLESS TUESDAYS ELECTION DAY  Cinnamon Biscuit Assorted Milk	3 HOT STUFFED SANDWICH Turkey or Ham and Cheddar on a Croissant Assorted Milk	4 Scrambled Eggs served with Salsa Corn Bread Assorted Milk	5 BAGEL BAR  Fruit Yogurt  Assorted Milk
8 Breakfast Sausage Roll Assorted Milk	9 TRAYLESS TUESDAYS HOT STUFFED SANDWICH  Egg Omelet with Cheese on a small Whole Wheat Bun Assorted Milk	10 French Toast served with syrup Canadian Bacon Oatmeal or Creamy Farina Assorted Milk	11 VETERANS DAY  Whole Grain Blueberry Loaf Assorted Milk	12 BAGEL BAR  Fruit Yogurt  Assorted Milk
15 Pancake served with syrup Home-style Grits Assorted Milk	16 TRAYLESS TUESDAYS  Apple Cinnamon Muffin Colby Jack Cheese Square Assorted Milk	17 Scrambled Eggs Whole Wheat English Muffin Assorted Milk	18 HOT STUFFED SANDWICH  Turkey Sausage Patty on a Buttermilk Biscuit Assorted Milk	19 BAGEL BAR  Fruit Yogurt  Assorted Milk
22 Breakfast Bruschetta Assorted Milk	23 TRAYLESS TUESDAYS HOT STUFFED SANDWICH  Egg Omelet with Cheese on a Whole Wheat Bagel Assorted Milk	24 French Toast served with warm Peach Topping Hot Oatmeal or Creamy Farina Assorted Milk	25 THANKSGIVING RECESS  Orange Cranberry Muffin Assorted Milk	26 THANKSGIVING RECESS  Whole Grain Blueberry Loaf Assorted Milk
29 Blueberry Muffin Cheddar Cheese Square Assorted Milk	30 TRAYLESS TUESDAYS HOT STUFFED SANDWICH  Cheese Omelet on a Croissant Assorted Milk			

Offered Daily: assorted cold cereal, fruit choice or 100% fruit juice, milk (1% low fat, and fat free)



Menu subject to change