


Elementary Lunch

NOVEMBER 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Hamburger or Cheeseburger on a small Whole Wheat Bun Choice of Dipping Sauce Frito-Lay® SunChips® Capri Vegetables</p>	<p>2</p> <p>ELECTION DAY TRAYLESS TUESDAYS</p> <p>Toasted Cheese Sandwich Normandy Vegetables</p>	<p>3</p> <p>Mozzarella Sticks served with Savory Tomato Sauce Green Bean Blend</p>	<p>4</p> <p>Crispy Chicken Tenders Rice Choice Mexicali Style Baked Beans Spinach with Sautéed Garlic</p>	<p>5</p> <p>New York City Pizza Slice Very Vegetable Salad Choice of Dressing</p>
<p>8</p> <p>Jamaican Style Beef Turnover OR Vegetarian Patty  on a small Whole Wheat Bun South West Red Pepper Sauce Fiesta Blend Vegetables</p>	<p>9</p> <p>TRAYLESS TUESDAYS</p> <p>Hamburger or Cheeseburger on a small Whole Wheat Bun with Assorted Fixin's Straight Cut French Fries</p>	<p>10</p> <p>"FUEL UP WITH SCHOOLFOOD" Mediterranean Roasted Chicken Cheesy Crepini™ Roll-up  Tzatziki Sauce Lemon Roasted Carrots</p>	<p>11</p> <p>VETERANS DAY</p> <p>BBQ Chicken Patty on a small Whole Wheat Bun Collard Greens</p>	<p>12</p> <p>French Bread Pizza Broccoli Crown Salad Choice of Dressing</p>
<p>15</p> <p>Hamburger or Cheeseburger on a small Whole Wheat Bun Choice of Dipping Sauce Wedge Cut Potatoes Stir Fry Vegetables</p>	<p>16</p> <p>TRAYLESS TUESDAYS</p> <p>Teriyaki Chicken Patty on a small Whole Wheat Bun Steamed Broccoli and Roasted Cauliflower</p>	<p>17</p> <p>Whole Grain Pasta Choice Italian Meatballs with Savory Tomato Sauce Toasted Garlic Rolls  Capri Vegetables with Chick Peas</p>	<p>18</p> <p>"GOBBLE IT UP" Roasted Turkey with Gravy Sweet Potatoes with Pineapple OR Oven Roasted Potatoes French Cut Green Beans Corn Bread</p>	<p>19</p> <p>New York City Pizza Slice SchoolFood Green Salad Choice of Dressing</p>
<p>22</p> <p>Savory Beef Ravioli Spinach with Toasted Garlic</p>	<p>23</p> <p>TRAYLESS TUESDAYS</p> <p>Hot Ham or Turkey and Cheese on a Wrap Honey Mustard Sauce Steamed Broccoli Crowns</p>	<p>24</p> <p>Southwest Style Beef with Assorted Fixin's Baked! Tostitos® Scoops!® Roasted Confetti Corn</p>	<p>25</p> <p>THANKSGIVING RECESS Hamburger or Cheeseburger on a small Whole Wheat Bun Straight Cut French Fries</p>	<p>26</p> <p>THANKSGIVING RECESS</p> <p>French Bread Pizza Normandy Vegetables</p>
<p>29</p> <p>Cheese Lasagna Roll-up Savory Tomato Sauce Capri Vegetables</p>	<p>30</p> <p>TRAYLESS TUESDAYS </p> <p>Hamburger or Vegetarian Patty on a small Whole Wheat Bun Choice of Dipping Sauce Oven Roasted Potatoes</p>			



Daily: milk (1% low fat, fat free and fat free chocolate), fruit choice, Peanut butter and jelly sandwiches, Cheese sandwich  -VEGAN OFFERING
 Dipping sauce choices: mustard, duck, honey mustard, BBQ, tomato, tartar, salsa, specialty
 SchoolFood proudly serves Pride of New York products



Menu subject to change