

# Citywide Breakfast

Free breakfast for all students

## JANUARY 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>HAPPY NEW YEAR</b> Whole Grain Blueberry Loaf Hot Cereal Choice	3 TRAYLESS TUESDAY <b>THE MORNING ROUND</b> Breakfast Sausage Roll	4 <b>BAGEL BONANZA</b> NY Style Bagels Cream Cheese and Spreads Variety of Fruit Yogurts	5 <b>RISE AND SHINE</b> Home-style French Toast Warm Peach Topping Hot Cereal Choice	6 <b>POWER UP</b> Buttermilk Biscuit served with jelly Maple Glazed Turkey Sausage Patty
9 <b>POWER UP</b> Breakfast Sausage Roll Hot Cereal Choice	10 TRAYLESS TUESDAY <b>SANDWICH CREATIONS</b> <u>Bagel Blast</u> Fluffy Egg Omelet with Turkey Canadian Bacon in a NY Style Bagel	11 <b>POWER UP</b> Sunrise Banana Bread Colby Jack Cheese Wedge	12 <b>RISE AND SHINE</b> Tasty Waffles served with syrup Hot Cereal Choice	13 <b>MUFFIN MANIA</b> Assorted Baked Muffins served with Jelly
16 <b>MARTIN LUTHER KING JR DAY</b> Whole Grain Apple Loaf Hot Cereal Choice	17 TRAYLESS TUESDAY <b>SANDWICH CREATIONS</b> <u>The Morning Round</u> Fluffy Cheese Omelet in a Soft Whole Wheat Wrap Served with Salsa	18 <b>BAGEL BONANZA</b> NY Style Bagels Cream Cheese and Spreads Variety of Fruit Yogurts	19 <b>RISE AND SHINE</b> Fluffy Pancakes served with syrup Hot Cereal Choice	20 <b>POWER UP</b> Buttermilk Biscuit served with jelly Maple Glazed Turkey Sausage Patty
23 <b>POWER UP</b> Breakfast Sausage Roll Hot Cereal Choice	24 TRAYLESS TUESDAY <b>SANDWICH CREATIONS</b> <u>Bagel Blast</u> Fluffy Egg Omelet with Turkey Canadian Bacon in a NY Style Bagel	25 <b>POWER UP</b> Sunrise Corn Wedge Mozzarella String Cheese	26 <b>RISE AND SHINE</b> Home-style French Toast Warm Peach Topping Hot Cereal Choice	27 <b>MUFFIN MANIA</b> Assorted Baked Muffins served with Jelly
30 <b>FUEL UP THE WHOLE GRAIN WAY</b> Whole Grain Blueberry Loaf Hot Cereal Choice	31 TRAYLESS TUESDAY <b>SANDWICH CREATIONS</b> <u>The Morning Round</u> Fluffy Egg Omelet with Melted Cheese in a Whole Wheat English Muffin			



Offered Daily: assorted cold cereal, fruit choice or 100% fruit Juice, milk (1% low fat, and fat free)

Menu subject to change